Chicken Strips

12 pounds of chicken

1 egg

1 teaspoon of mustard

1 tablespoon of honey

2 cups of corn flakes crushed

Salt and pepper

Directions:

Preheat the oven. You cut your chicken ¾ of an inch wide, and about 4 inches long. Take you egg, honey and mustard and beat them together, in a separate bowl place your crushed corn flakes with salt and pepper. Take your chicken, and cover it in the egg, than coat in corn flakes. Place on a greased cookie sheet. Bake at 450 degrees.