Tutti-Fruity Smoothie

YEILD: 4 cups

INGREDIENTS:

2 T. White Grape Raspberry Concentrate

¾ cup milk or vanilla soymilk

½ cup cranberry juice

½ cup vanilla yogurt

¼ cup frozen blueberries

¼ cup strawberries

1 Banana peeled and cut up

Top with:

1 cup ice

Using the Vita-Mix as instructed and blend the above ingredients in the order given. Blend until smooth.